

# Preschool Press



## Dear Preschool Families,

The weeks are passing by so quickly and classrooms are finding their rhythm. We feel so fortunate to have been able to interact with your children for the limited time we've been given. Before we know the summer will be here and we'll be planning for the fall. But for now, here's some Important Information for Parents:

We are grateful to parents for following the Super Six protocols to protect their student's and school's health. With numerous cases in the district and community, please take care to do the following:

- Pre-Screen your child daily using the [daily questionnaire](#)
- Keep all students home if anyone in the household shows symptoms or tests (+)
- Let your principal know ASAP if there's a case in your household or student, and answering the call from a school nurse
- Understand that despite all efforts at physical distancing, your student may need to quarantine based on a classroom case. WCHD determines details of any quarantine needed.
- Contact your school nurse with question - [bit.ly/NurseCareCorner](https://bit.ly/NurseCareCorner)

Jo Ann Serafano Telfer, Assistant Principal/Assistant Director ECP  
Westerman Preschool and Family Center

## Ms. Jenny and Ms. June's Class



Making Spring Music  
On the Playground!



Knowledge

Growth



Exploration

Preschool,  
Sowing the Seeds!!

## May

### Upcoming Events –

**31 - Memorial Day – No School**

Enrollment is open:

[www.washtenawpreschool.org](http://www.washtenawpreschool.org) for

Free Income based PreSchool

[annarborpreschool.com](http://annarborpreschool.com) for

Tuition Preschool

## June

**11 – Half Day, Last day of School**

### Robin's Resources:



Summer Academy - Enrollment window is open.

Please click the link here for the [course catalog](#), the preschool link is on page 13 of the catalog.

The course descriptions are for remote courses.

Please email or contact Jim Podojil at

[SISS\\_SummerAcademy@apps.k12.mi.us](mailto:SISS_SummerAcademy@apps.k12.mi.us)

or call 734-489-9417 if you have questions.

**Additional Information:** We will have a Zoom mtg. on Tuesday, May 4<sup>th</sup> at 7:00 PM to answer questions and assist with forms.

Zoom Link: [Summer Academy Info Zoom](#)

Meeting ID: 967 5980 4481



April Showers  
May Flowers!!  
Creating Clouds!



## “Clean-Up” time is learning time too?



Home...work... school... sometimes there feels like there is so much to stay on top of! To help us cope and process all this info, our brain organizes our thoughts into categories in specific spots. This makes it easier for us to remember and use that information later, and is part of how we learn a language!

We can help kids develop this skill by pointing out items around our living spaces and talking about what group these items belong to (e.g. animals, vehicles, kitchen utensils, toys). Make a collection of new and familiar items in one big pile on a table or floor?

Once your fun is over though, the work isn't done! Putting our belongings back in their place not only gets things tidied up, but mimics how our brain learns! When kids are active in this task, they can physically, tangibly engage in: how grouping works, what items belong together (or not!), where things go, as well as start learning life skills!

Activity: Sort-Of-Clean Floor Sorting – Start with what you already have out – laundry, papers, toys, dishes, nature, etc. Sort and re-sort the same items in 3 different ways, and talk about:

- What colors do we see?
- What you do with these things? / What do these things do?
- Where do they belong? / Where do we get them from?



Add in some silliness by racing the clock, playing upbeat music, or wearing socks on your hands to put them back in their places!



Cayte Moutard,  
Speech-Language Pathologist

## Tips for Coping with Stress:



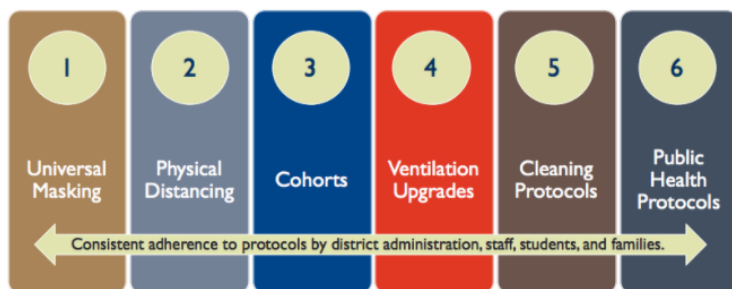
All kids feel anxious or stressed sometimes, calming or self-soothing techniques can help them relax and regain their sense of control. Try these fun Physical Movement/Exercises and activities to help you and your child cope with stress and anxiety: [Movement Cards](#), [Helping your child cope with anxiety](#)

Leigh Miller,  
Psychologist

## COVID-19 Vaccine Information

Every vaccine we achieve in Ann Arbor contributes to a safer community for our students, whom cannot yet receive vaccination, and for all of us. The Washtenaw County Health Department has information about the COVID-19 vaccination, including how to make an appointment [here](#) and other location that are offering the vaccine [here](#)

## The Super Six - Key Strategies for Preventing Spread of COVID19 in Schools



## Covid Testing Information

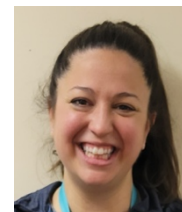
The Washtenaw County Health Department has information about Covid-19 testing [here](#).

Please feel free to reach out with any questions or concerns.

Katie Valle email:

[vallek@aaps.k12.mi.us](mailto:vallek@aaps.k12.mi.us)

District Cell: 734-661-9865



Katie Valle,  
School Nurse



Kathy Gaines,  
Physical Therapist



Make sure your child wears a helmet whenever they ride a bike or scooter to avoid head injury in case of a fall. When choosing a helmet, take your child with you to make sure it fits well and is a style and color they like and will wear. Look for helmets that meet appropriate safety standards, and never use a helmet that already been in a crash, which affects its ability to protect your child's head.



To put a helmet on correctly, place it level on your child's head and tighten the strap until only one finger fits under it. Check to make sure the helmet doesn't move forward or back once it's tightened. Remember to check the helmet often to make sure it still fits well as your child grows. Make wearing a helmet a family rule!



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